

PRE OPERATIVE INSTRUCTIONS

All surgical procedures that are performed in this office are done using local anesthesia ("Novocain"). The use of this type of anesthetic makes the surgical procedure virtually painless. However, occasionally a patient may be extremely apprehensive about treatment and desire some oral sedation. Oral sedation is a safe and effective prescribed medication taken in advance of the appointment. If oral sedation is prescribed for you, you will need to arrange for transportation to and from the office.

- Eat breakfast and lunch on the day of surgery.
- Take all medications as directed that you would normally use for medical reasons. Be sure Dr. Burliss is aware of all medications you have been taking in the preceding 24 hours.
- Discontinue taking aspirin products and Vitamin E, 3 days prior to surgery unless prohibited from doing so by your physician. If the latter situation arises please inform Dr. Burliss immediately. Patients taking "Warfarin", "Coumadin" or "Plavix" must stop taking this medication 3 days in advance of surgery and 2 days post surgery. The discontinuation of these drugs must be coordinated closely with your physician and Dr. Burliss.
- Abstain from alcoholic beverages for 48 hours prior to the surgery-alcohol could cause excessive bleeding.

After surgery you will be asked to place ice (a bag of frozen peas works great) on the outside cheek over the surgical area; 15 minutes on/off until bedtime is recommended. A soft diet should be eaten the first week and **SMOKING IS NOT ADVISED**. A detailed review of Post-Operative instructions will be discussed after surgery.

We are here to assist you in your health and well being so please call if you should have any questions.

Dr. Burliss and Staff